



## Tim Hague Sr. Bio

Tim Hague Sr. overcame the odds when he went from a diagnosis of Parkinson's disease to winning season #1 of *The Amazing Race Canada*. Now, as a highly sought after speaker, he shares with his audiences the lessons learned from having run and won this amazing race with Parkinson's. Tim's unique history as a retired Nurse, Entrepreneur, Parkinson's Advocate and Patient provides rich insight to his message of *Live Your Best*.

Tim was formally diagnosed with Parkinson's in February 2011. Two years later he and his son, Tim Jr., were selected from over ten thousand applicants to be one of nine teams to run the race. After coming in last twice and nearly being eliminated The Tim's not only survived but went on to produce an epic come from behind victory. Tim's keynote draws on this experience while weaving a tale of failure and success that moves his audience.

A masterful story teller Tim interlaces humour with sadness and despair. He guides his listeners on a journey of discovery by unpacking what it means to *Live Your Best*. He explores the themes of;

*Simplicity*: the art of focusing your life in a chaotic world.

*Contentment*: that often illusive gift of peacefully accepting what your best produces.

*Community*: building that network of relationships who support you and your dreams.

And, *Perseverance*: the iron will to continue on even when there is no evidence that you will ever be successful.

Tim's message of *Live Your Best* empowers his listeners to meet life's challenges and accomplish more than they ever thought they could.